

## **Paula Nelson's Bio**

Paula was first introduced to Sweet Monday in 2002 after moving to Richmond, Virginia and was a regular at the Sweet Monday in our founder, Kim Newlen's home. Sweet Monday hit a passionate nerve in Paula's heart to reach women for Christ by sharing the gospel in a fun, faithful and relevant way.

In 2008, Paula, Eric and her family moved to Tennessee, and in 2013 she was inspired to start a Sweet Monday in her home in Brentwood as a way to meet her neighbors, build community and share the love of Christ with women around her.

In the spring of 2014, after the death of Sweet Monday founder, Kim Newlen, the Sweet Monday board of directors asked Paula if she would consider continuing the mission God gave Kim to reach women for Christ through Sweet Monday. Feeling His leading she stepped in as the new executive director. Paula, her husband Eric, and sons Reagan, Rylee and Zachary make their home in Brentwood, Tennessee where she continues hosting a Sweet Monday in her home and leading the ministry of Sweet Monday to continue connecting women to each other and to Christ, one sweet invitation at a time.